From: Mayor David N. Cicilline To: jhawkins@mypasa.org;

CC:

Subject: City News: Summer Lunch Program Underway in Providence

Date: Thursday, July 23, 2009 2:19:20 PM

Attachments:



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Short planetarium feature gives viewers astronaut's eye view on Friday, July 24th at 1:00 pm [...]



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BUSINESS LINKS

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- BuvProvidence
- Center for Women & Enterprise
- Greater Providence Chamber of

- Providence Business News
- Providence Economic Development Partnership
- Providence Neighborhood Markets Providence /Warwick Convention &
- Visitors Bureau



Vote for Providence! Travel+Leisure's America's Favorite City The Creative Capital made it to the top 30 American cities vying for top billling. Voting has begun!

To vote, go to: http://www.travelandleisure.com/afc/2009/survey/





Summer Programs at Greater Kennedy Plaza

Fun-filled activities include live music, a Farmers Market, free outdoor fitness classes and more [...]



Creative Capital Website Goes Live

New quarterly online magazine features neighborhood + enterpreneur profiles, news feeds, event calendar, + more $[\dots]$

Summer Lunch Program Underway in Providence

Program provides 3700 free meals to Providence children at neighborhood recreation centers



Mayor David N. Cicilline today announced that the City's Summer Food Service Program is in full swing in Providence neighborhoods. The federal program, which is administered through the Rhode Island Department of Education, serves free breakfast and lunch to children at 36 area recreation centers, pools, water parks and community organizations.

"We have to do everything we can to ensure that families have the support they need to make it through these incredibly challenging economic times," said Mayor Cicilline. "That means keeping our children engaged in fun, safe activities during the summer months and ensuring that they

have access to a healthy meal."

The 1300 breakfasts and 2400 lunches will be provided to Providence children aged 18 and under, Monday through Friday, at the following locations until August 21st:

Davey Lopes Recreation Center Fox Point Water Park George J. West Recreation Center Joslin Recreation Center Harriet & Sayles Water park Fargnoli Park Water Park Neutaconkanut Recreation Center Providence Recreation Center Pleasant Street Water Park Sackett Street Water Park Selim-Rogers Recreation Center South Providence Ministries Southside Recreation Center West End Recreation Center **Zuccolo Recreation Center** Annie Morris Playground Ardoene Playground Billy Taylor Playground Candace Street Playground **Dexter Training Ground** Ellery Park Mattie Smith Playground O'Brien Park Pearl Street Playground Riverside Park Veazie Street Playground Chad Brown Tenant Assoc. Dominican American Assoc. Door of Refuge Church Elmwood Community Center University Heights Wiggins Village Lockwood Plaza Hartford Park/Whelan Hartford Park/Bodell John Hope Settlement House

For more information on the program, contact Don Rotatori, Director of Summer Food Services at (401) 785-9450.

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_ Rhode Island Convention Center

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The City

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Topic: Neighborhood Stabilization Carla DeStefano (Executive Director, SWAP) and Ken Schadegg (Housing Program Manager, Department of Planning & Development)

Showtimes

Channel 17 Providence/Kent County area Monday 5:30 pm Wednesdays 6:00 pm

Channel 15 – (Interconnect C) Statewide Monday 6:30 pm Wednesdays 8:30 pm

Video Archives

PTU Responds to Mayor's Call for Shared Sacrifice [View here]

Mayor Joins Artists to Kick Off Summer Festivities in

Providence [View here]

Press Conference Update on Firefighters Local 799 Contract [View herel

Mayor Cicilline's Statement Re: U.S. Conference of Mayors and Leadership of Local 799 [View here]

Mayor Cicilline announces 800 summer jobs for city youth [View here]

Guatemalan Dignitaries Join **Mayor Cicilline at Art Opening** at Providence City Hall

Opening showcased the work of Guatemalan artist Balam Soto Tuesday, July 21st

Mayor David N. Cicilline joined Vice Minister of Foreign Affairs of Guatemala Miguel Angell Ibarra, Consul General Carlos Escovedo and representatives from the Guatemalan Center of Rhode Island for an art opening celebrating the work of Guatemalan artist Balam Soto this past Tuesday at Providence City Hall.

Balam Soto combines the ancient with the modern in an artistic and technological exploration of mythology. In his exhibition, Guatemalan Art, Beyond Borders, Soto uses traditional materials in bright and bold acrylics, oils, canvass and wood with mixed media materials like stones, glass, soil and clay while incorporating facets of technology in his work.

Photo credit (top): PODER1110.

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NEIGHBORHOOD MEETINGS

Tuesday, August 4 National Night Out

Presented by Providence Crime Watch, Providence Police District 6, and Providence Emergency Management Agency 5:00 - 8:00 p.m.

George West Park For more, download flyer

Do you have a neighborhood or business association meeting coming up in the near future? Email us at Mayor Cicilline's Office of Neighborhood Services and get it posted on City News!

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Celebrate the 40th Anniversary of Apollo 11 Lunar Landing at the Museum of Natural History

Short planetarium feature gives viewers astronaut's eye view on Friday, July 24th at 1:00 pm

orty years ago on July 20, 1969, mankind took his first steps on another world. Join the Museum of Natural History this Friday, July 24, 2009 to celebrate the spectacular journey of Apollo 11. At 1:00 pm, a special planetarium feature, "Salute to Apollo," will give viewers an astronaut's eye view of the journey of

Apollo 11, using the mission's original

audio and video footage. Join museum educators after the show for out-of-this world crafts, rocket activities, and much more! All activities are free with museum/planetarium admission.

Salute to Apollo Planetarium Short Feature

Friday, July 24, 2009 at 1:00 p.m.

Cost: \$3.00/\$2.00 children 4-7 (includes Two Small Pieces of Glass Planetarium Show) One of man's greatest achievements was the landing of men on the Moon and successfully returning to Earth. Called the Apollo program, it captured the imagination and sparked the enthusiasm of the country. Celebrate the Apollo 11 Mission during this short feature in the planetarium. Show lasts approximately 10 minutes.

The Museum of Natural History is open daily 10:00 AM – 5:00 PM, year round. Museum admission is \$2 \$1 children 2-7. Planetarium tickets \$3 \$2 children 4-7 (includes Museum admission). Children under 4 not admitted to the Planetarium. Planetarium programs are presented daily at 2:00 pm through Sunday, August 30, 2009. The Museum of Natural History is wheelchair accessible. Please visit www.providenceri.com/museum or call 401-785-9457 x221 for more information.

Photo Credit: Courtesy of the National Aeronautics and Space Administration, specifically the NASA History Office and the NASA JSC Media Services Center. The Museum of Natural History and Planetarium are owned and operated by the City of Providence's Parks Department.

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Feature: My City

All Hands On Deck! PASA Kids Tackle Ocean State Waters at the Community Boating Center



Kids in the Creative Capital don't stop learning after they've left their classrooms for the summer. Here, they seek out those extended learning opportunities from a whole host of places - the gym, the kitchen, the stage, and for some lucky ones, the waters off India Point Park. Early this month, Mayor Cicilline kicked off the first series of summer programs offered in partnership with the Providence After School Alliance (PASA). Among those community organizations working hard to provide educational lessons this summer through PASA is the Community Boating Center (CBC).

At the helm of the CBC is cofounder and executive director John O'Flaherty who, along with a small group of sailing enthusiasts and volunteers, built this locally treasured boathouse nearly fifteen years ago so that young people like Kevin Paz (who'll be attending Bridgham Middle School next year) can learn how to sail a boat. Over time, they've succeeded in reaching thousands of young, eager sailors who've been given a chance to tackle the waters of the Ocean State.

This week, City News went ashore with the captain and a young aspiring member of his crew to learn more about what they have aboard ship this summer.

How did you learn about PASA AfterZones?

Kevin: They mailed me a flyer. It had good stuff in it and so I decided to join it!

Why did you want to learn about sailing?

Kevin: I wanted to learn about sailing the ocean.

Have you ever sailed before? Kevin: Yes, with my uncle.

What are some of the skills you've learned so far?

Kevin: I'm learning about the parts of the boat. I'm also learning how to drive the boat and how to put the jib on.



Can you tell us more about

what the PASA Summer AfterZone kids are learning this summer at the CBC? John: We're really a hands-on program. It's all experiential learning. We believe that the kids should be responsible for their own boats, not just the sailing part. We're not just taking people out for rides. They're responsible for getting the boats together and the teamwork that's involved in actually physically getting the boats to the water, figure out who's going to drive the boat first and where they're going to go. The unique thing about sailing and being on the water is that there are no roads to follow. So they have to learn how to follow instructions and meet us out on the course by themselves. They're learning how to actually sail the boats so we're not just sailing in circles. They're driving the boats. The great part about that is that they're highly motivated because they have to get the boat back at the end of the day. So it's the full gamut about sailing. It's really a lot about leadership and responsibility, other than learning a few sailing skills.

What do you enjoy most about this program?

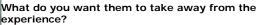
Kevin: I like sailing the waters. It's fun sailing.

Why do you think it's important that young people keep active and busy in the

summer?

John: We're competing against a lot of things that really aren't always available in seasonal climates like Rhode Island. And in the Ocean State, we can't think of a better activity for kids to be doing in the summertime than having the chance to get on the water. It's important to give them the opportunity to get outside versus sitting at home playing video games. It's important to give them the opportunity to work with other kids their age, teach them

leadership skills, and show them the dynamics that happen when you put three or four kids together in a team



John: It's important to us that not only are they learning how to sail properly but that there is some method used and/or some lessons that are sinking in, perhaps even under the radar, so that not only are they going home on a daily basis with a skill set they can bring home but hopefully some of those skills are also transferable to other things that they'll be doing in their daily lives or in school.

Additionally, there's a lot of skill building that happens here that kinda' sinks in afterwards and later on in life. Some of those things are difficult to measure — teamwork, leadership skills, and academic skills — often come out later on. Maybe when they go back to learn mathematics at school, they could take with them some of the geometry they learned here in navigating from one point to another.

Every day that they are steering the boat with a tiller and actually using a lever, they are learning about the

physics of sailing. So when they are learning mathematical or physics applications in school, it could be easier for them to remember how to apply those lessons if they can refer back to what they learned in sailing. They can say, 'Oh, yes, I've done that before and it works." It's easier for them, in other words, to relate to those academic concepts.

How do you think what you're learning here will help you in school?

Kevin: Because if they ask you questions about it, you'll know how to answer them.

The majority of the youth that participate in your programs come from urban areas, and a unique opportunity like sailing might not be as easily accessible as other opportunities. How do you think this experience impacts them?

John: Most of the kids that come through our program have a very similar reaction. They don't have a lot of experience in the water. It's just something they didn't grow up with versus some other people who may have grown up with the experience whether they're on vacation or on a regular basis. Some of our youth have that experience but still the vast majority does not. So it's a tremendous opportunity for them to try something that they may not have the chance to try.

Beyond that, what's really more important is that because it's not a familiar scene for them, there's a fear factor that's involved. And we see the same reaction every year – where on the first day, their eyes are a little bit wide open, there's a fear of stepping in to a boat, and what's gonna' happen to me, why did I choose this program. But once they get in to the water then everything changes. All of a sudden it's, 'I've been empowered to do this and I can do this!' You see it in their posture and in their faces. Then the opposite reaction happens where we almost have to the nudge them to get off the water! It's just wonderful to see that transformation in them.

How did you become involved in the Community Boating Center?

John: I was a cofounder. We started in 1994. I was on the board of directors at that time as a volunteer director of operations. So I hired the staff, came up with the curriculum and the programming, and bought all the boats. We built all the docks and the first boathouse here by ourselves. It took a lot of donated boats and a lot of elbow grease to get it together.



So you can tell us a little bit more about why this organization was formed.

John: It's really as simple as a core group of people feeling that Providence being the capital of the Ocean State really deserved to have a community boating center. In Providence, in particular, the kids really needed it more than anybody else. This is a wonderful place to facilitate that and to make it happen. It made sense to us to give that demographic this opportunity.

How many kids have you served?

John: We put just over 750 kids through the program last year alone. That's through a combination of our outreach programs, our youth lesson programs in the summer, and our after school program which we've grown enormously through the last 4 to 5 years. In particular, we've really gone after the after school market and have grown the program. We started more as a summer program and now our after school program rivals that.

How has your partnership with PASA helped your organization?

John: We're huge PASA fans. They really help us in a way that is sometimes hard to measure in the short-term because when you start talking about continuous improvement and the importance of quality standards and how that helps you as an organization, it's not always a season-to-season measurement. But what PASA has been able to help us do, within the last 4 to 5 years we've been involved in after school, is that they've really helped us forge relationships and systems that have helped strengthen the delivery of our programs and the reach of our programs in to the public school system.

So what's next for the CBC?

John: Depends on the day! We feel like we've only scratched the surface with what we've been able to do here. We've experienced tremendous growth and we're happy with it. We're



excited about expanding. We keep getting new boats and our programs expand every year. We're hiring more instructors and we're reaching more kids.

Our next goal is to increase our high school attendance. Through PASA we've had a lot of success reaching our middle schoolers, which was very difficult for us to access prior to PASA's involvement. So we're really excited to work with them again to use those same standards, principles, and tactics to help the high school market achieve the same accomplishments and get the access to the water and to a true unique opportunity in

Providence that we think they're really enjoy.

Any bit of sailing wisdom that you share with the kids?

John: The wind changes all the time and you need to be flexible. There are a lot of lessons in that flexibility that can be used throughout your life.

Would you recommend that other young people participate in PASA programs? Why? Kevin: Yes because I would tell them how fun it is and that they get to drive the boat.

For more on the Community Boating Center, go to http://www.communityboating.com/. For more on the Providence After School Alliance, go to www.mypasa.org.

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This message was sent from Mayor David N. Cicilline to jhawkins@mypasa.org. It was sent from: City of Providence, Providence City Hall Office of Mayor David N. Cicilline 25 Dorrance Street, Providence, RI 02903. You can modify/update your subscription via the link below.



